



---

**FOR IMMEDIATE RELEASE**

*contact:* Clint Adams  
**No Time For Fear** workshops / **Credo Italia** publishing  
Piazza Dante, 18 55049 VIAREGGIO (LU) Italy  
*DK mobile:* (+045) 5048 5184 ; *DK fax:* (+045) 7731 1583 ; *IT mobile:* (+039) 339-7422018  
*e-mail:* [Clint@ClintAdams.com](mailto:Clint@ClintAdams.com) ; *website:* [www.NoTimeForFear.com](http://www.NoTimeForFear.com)

**VISITING AUTHOR LAUNCHES FEAR-ELIMINATING WORKSHOPS TO  
DANISH TEENS BEGINNING AUGUST 30, 2006.**

*Fear is perhaps becoming a global epidemic, especially for those feeling the pressures of having to create their futures: teens/young adults. In Denmark, with a 100% Youth Literacy rate lasting for decades, high English-language fluency, and tuition-free post-secondary education available, young Danes are faced with many options, many opportunities. Considering the choices, and the responsibilities that accompany them, can be more than stressful. 'No Time For Fear' workshops were formulated to help teens maintain an "I can do anything" attitude.*

Copenhagen, Denmark – August 04, 2006 – When independence is offered to a teen or young adult, their “I can do anything” attitude can sometimes disappear. Big decisions need to be made. Which choice is right? Peer pressure. Parental influences. What if...? Doubts begin to take shape, and as a result, the destinies they’d dreamt of creating, take a subservient position...and never materialize.

Adolescence is a crucial time in anyone’s life. In Denmark, where so much is offered as a result of its strong human development strategy, the burden of choosing correctly can perhaps be magnified by the Danish teen. Globally, teen depression and high suicide-rate statistics remain staggering. Needless to say, teen concerns need to be recognized and addressed without hesitation.

In April 2006, while interacting with a class of middle-graders at the Copenhagen International School in Hellerup, teen-novelist Clint Adams asked for a show of hands. “How many of you believe you can do anything?” Every student put an arm up. Pondering the internal questions later on, “Why does this change once they become teens? Why can’t we all believe this...forever?” prompted Clint to create his *No Time For Fear* workshops.

Without question, Clint Adams believes that fear isn’t natural, 100% of it is learned. “The older we become, the more fears we absorb. That’s why I target teens. That’s where it all begins,” he says.

Creating *Overcoming Fear To Do* lists, discussing issues that concern Danish teens most, and reading from his newest novel, *My Watch Doesn’t Tell Time*, are just some of the activities that will take place when *No Time For Fear* workshops inaugurate at schools in Frederiksberg and Islev beginning late-summer.

Never satisfied, Clint Adams says, “If I’m able to help one teen actualize their dream without doubt, I’ve done my job. But, let’s try for another...”

###